

MENUS SUBJECT TO CHANGE

Eastern Local Middle School Lunch Menu MAY 2025



Director of Food and Nutrition: Kim Jeffreys EasternLocal@ThenutritionGroup.biz

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Lunch Menu N	Nutrition 1 Group			EasternLocal@InenutritionGroup.biz		
The Grille	Monday	Tuesday	Wednesday	Thursday	Friday	The Deli
One or more may be offered daily: Pizza Hamburger on Bun Cheeseburger on Bun				Chicken Alfredo Steamed Mixed Veggies WG Garlic Bread Assorted Fruit Fat Free Milk	Schoolmade Taco Pizza Steamed Corn Assorted Fruit Fat Free Milk	Craving something different? Assorted Salad Sandwiches and Wraps available instead of the hot entrée.
*Wust take at least one 1/2 cup of fruit or vegetable *Vegetable Bar May Include: Broccoli Florets Baby Carrots Dark Leafy Greens *Fruits may include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange	5 Chicken Enchilada Dip w/ Tortilla Chips Bread & Butter Assorted Fruit Fat Free Milk	6 NO SCHOOL	7 Chicken Nuggets Buttered Noodles Cooked Carrots WG Bread & butter Assorted Fruit Fat Free Milk	Pork Chop Mashed Potatoes & Gravy Green Beans WG Dinner Roll Assorted Fruit Fat Free Milk	9 Beef Nachos & Cheese Steamed Corn WG Bread & Butter Assorted Fruit Fat Free Milk	The Garden Fresh Salad Barr offered daily Included with each meal
Legume Salads Celery & Cucumber Banana Pineapple Tidbits Diced Pears Applesauce Crub & Co	Bacon, Egg & Cheese Breakfast Burrito Tater Tots Assorted Juice Assorted Fruit Fat Free Milk	Sweet & Sour Pot Stickers Fried Rice Steamed Broccoli Assorted Fruit Fat Free Milk	Popcorn Chicken Bowl WG Bread & Butter Assorted Fruit Fat Free Milk	Chicken & Gravy over Biscuit Steamed Peas Assorted Fruit Fat Free Milk	Hot Dog on WG bun French Fries Baked Beans Assorted Fruit Fat Free Milk	Milk Choices Offered Daily: 1% white, non-fat white, non-fat flavored
Coming Soon!!	19	20	21	22	23	
Lunch Prices: Paid \$3.00 The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment	COOK'S CHOICE	COOK'S CHOICE	COOK'S CHOICE	COOK'S CHOICE	COOK'S CHOICE	Proud to manage your food service program Nutrition
practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE	26	27	HAVE A HAPPY & SAFE SUMMER!	29	30	Whole Grains Available Daily